

# Interpersonal Communication Activity

## Video Review The Breakfast Club

Consider the following questions as you watch the movie *The Breakfast Club* in class. After the movie, answer two of the questions at home and bring them back on the day of the final exam. The assignment is worth 10 points but each question is worth 5 points. Any additional questions answered/points earned will be counted as extra credit. Good luck and feel free to use your text as a reference.

1. How would you describe the self concept of each of the students? What evidence is there for how these were formed? How do their individual self-concepts effect their communication with each other?
2. How would you describe the self-talk of each student? What evidence is there for their self-talk? How does it appear to affect their self-esteem and their communication behavior?
3. To what extent do these students illustrate self-fulfilling prophecies? What can they do to break the cycle of this behavior?
4. What can each of these students do to improve their interpersonal communication?